Albany Capitals 1989 Roster

NO.	PLAYER	POSITION	AGE	HT.	WT.
00	SCOOP STANLISIC	GK	28	6 - 3	195
2	JOHN DIFFLEY	MID	22	5 - 1	160
3	JEFF GUINN	DEF	23	5 - 9	165
4	CHICO BORJA	MID	29	5 - 9	165
5	DAVE SMITE	DEF	22	6 - 2	201
6	BOB CUMMING	MID	30	5 - 9	175
7	PEDRO DEBRITO	MID	29	5 - 8	165
8	ANDY HARRISON	MID	31	5 - 10	165
9	CARL REES	FOR	23	5 - 10	170
10	PAUL MARINER	FOR	32	6 - 10	185
11	ELVIS COMRIE	FOR	29	5 - 10	180
12	RAMIRO BORJA	FOR	27	5 - 9	175
13	AFRIN NEJAS	DEF	30	6 - 0	175
14	JOHN NARKES	MID	22	5 - 10	170
15	MIKE WINDISCHMAN	DEF	23	5 - 11	165
16	BRIAN BLISS	MID	23	5 - 10	165
17	MIKE MASTERS	FOR	21	6 - 3	190
19	BILL STEFFEN	GK	29	5 - 10	155
20	SEAN McGLYNN	DEF	24	5 - 9	170

GENERAL MANAGER/HEAD COACH: JOHN BRAMLEY
TRAINER: JACK MOSER